

# HOME ECONOMICS HEO2005Y1

## INTERNAL ASSESSMENT ACTIVITY

### **ACHIEVEMENT STANDARD 91299 (VERSION 2) HOME ECONOMICS 2.1**

**Analyse issues related to the provision of food for people with specific food needs**

Level 2, Internal assessment

5 credits

### **STUDENT INSTRUCTIONS**

#### **Overview**

In this activity you will be required to:

- write a report that analyses issues related to the provision of food for vegans and consider health enhancing strategies to address these issues
- plan and prepare food for a vegan.

#### **Conditions:**

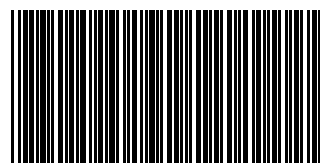
- This must be your own work.
- This is an open book test.
- There is no time limit for this work.
- Before you start this assessment task you should contact your teacher if you have any difficulty with the work you have studied in HEO2004 and HEO2005.
- Plagiarism detection software may be used to check this is your own work.

#### **You will need:**

- HEO2004
- HEO2005
- access to a kitchen and ingredients to prepare a meal hygienically and safely.

#### **Supervisor requirements**

- Supervision is not required for this assessment.
- Upload your assessment to the HEO2005Y1 OTLE assessment dropbox when you have completed it.



# ASSESSMENT CRITERIA

## ACHIEVEMENT STANDARD 91299 (VERSION 2) HOME ECONOMICS 2.1

Analyse issues related to the provision of food for people with specific food needs

Achievement	Achievement with Merit	Achievement with Excellence
Analyse issues related to the provision of food for people with specific food needs.	Analyse issues in depth related to the provision of food for people with specific food needs.	Comprehensively analyse issues related to the provision of food for people with specific food needs.

### EXPLANATORY NOTES

**Analyse** involves explaining the issues related to the provision of food from a personal, interpersonal and societal perspective and will involve consideration of health-enhancing strategies to address these issues.

**Analyse In-depth** involves giving reasons for strategies used to address the issues.

**Comprehensively analyse** involves justifying the connections between the personal, interpersonal and societal issues and the strategies used.

**Issues** may include cost, availability, social inclusion, nutritional knowledge and food selection and preparation skills, food safety, palatability, timing of meal occasions, sourcing credible information, accessibility to food.

# ASSESSMENT ACTIVITY

## HOME ECONOMICS

There are **three tasks** that make up this assessment.

### INSTRUCTIONS

- Read all the information carefully before you begin.
- Word process your responses.

### SCENARIO

Your local sports club is hosting a weekend sports competition with a team from another country. You have been asked to lead the group who plan, cook and serve the shared lunches for both teams for the two days. You have also been asked to suggest a local restaurant, takeaway, or caterer, or other external provider, that the visiting group can go to for dinner both nights, as their accommodation does not have cooking facilities.

Some important points are:

- About half of the visiting students are vegan.
- The visiting students are aged between 16 and 18 years old.
- There are male and female students.
- There are a variety of moderately physical sports being played.
- The sports club has a full kitchen and dining facility.

The sports club management would like to sample a vegan dish from your lunch menu, so you will design and cook that dish for them to try.

NB: Use the town or place that you live in as the location for this scenario. If you feel where you live is not suitable for this assessment, then pick a town nearby that you know well.

Write the location you are basing your report at the start of your word document.

## TASK ONE

Write a report in which you analyse issues related to the provision of food for vegans in a visiting sport team and recommend health-enhancing strategies to address these issues.

Begin your report by naming the town your report is based on.

Your report should be based on research and have evidence to back up your statements.

Your report should include:

- Explanations of at least three issues related to the provision of food for vegans in the visiting sport team.
- You need to include issues from a personal (nutritional needs), interpersonal and societal perspective. For each issue describe what the issue is and explain how and/or why it is an issue.
- Descriptions of a range of health-enhancing strategies you could use to address the issues.
- Explanations of how/why each strategy will address the issue/s and enhance the well-being of the vegans in the visiting sport team.
- For excellence, more complex, convincing reasoning is needed to justify how and why the strategies are effective. A more complex relationship must be shown between the strategies used (connections) and how the issues are addressed. (Use clear examples with reasons to support your answers).
- A reference list that acknowledges book, internet sites and other sources used to create your report.

## TASK TWO

The Sports Club management would like to sample a vegan dish from your lunch menu, so you will design and cook that dish for them to try.

Below your report, **write your menu** for a nutritious lunch for the vegans in the visiting sport team.

Note: In Task 3 you will have to prepare this meal.

Explain how the meal meets the vegans' nutritional needs and addresses some of the issues that you have chosen to discuss in Task 1 of the assessment.

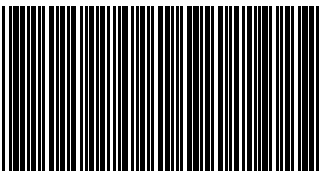
### **TASK THREE – FOOD PREPARATION**

1. Prepare, cook and serve the meal planned in Task 2.
2. Provide copies of recipes used.
3. Take a photo showing the served meal (suitable serving size and presentation for a teenage vegan sportsperson).



**Remember: Upload your completed assessment to the HEO2005Y1 OTLE assessment dropbox.**

HE02005Y1



STUDENTS – PLACE STUDENT ADDRESS LABEL BELOW OR WRITE IN YOUR DETAILS.	
Full Name	_____
ID No.	_____
Address <small>(If changed)</small>	_____